

## Please fill me with New:

Deodorant
Shampoo/conditioner
Bar soap
Body lotion
Toothbrush/toothpaste
Nail clippers
Hair brush/comb
Kleenex (travel size)
Handwarmers
Lip balm
Towel

## Item ideas to put into Backpack:

Art supplies – Adult colouring book, markers, pencil crayons, pens

Journals
Pajamas
Cozy socks
Toque's
Mitts/Gloves
Leggings
Long sleeve tops
Make up / Nail polish
Jewellery
Deodorant
Toothbrush/toothpaste
Body lotion
Women's things

